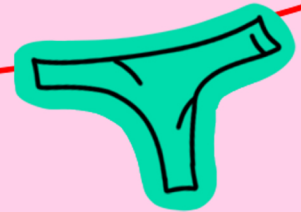
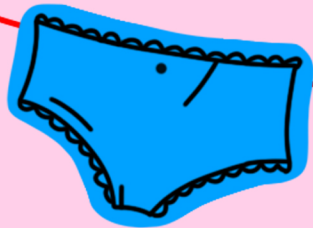


5 *down there care* tips for Dermatillomania



1. Prevent & treat pesky in-growns with Topicals High Roller

2. Choose black cotton panties/briefs to mitigate blood stains

3. Soothe skin with silk underwear that also doesn't snag on scabs

4. Numb pantyline burns with Frida Mom Perineal Ice Maxi Pads

5. If interested in hair removal, try sugaring instead of waxing; it's gentler on sensitive skin

